

## **Women's Health Procedure Clinic**

### **Vulvar Biopsy**

#### **What Is a Vulvar Biopsy?**

- A vulvar biopsy is done to diagnose some skin conditions on the vulva. Under local freezing, a small sample of skin is taken and sent to the laboratory for examination. The results return in about 2 weeks.

#### **How Do I Prepare for the Biopsy?**

- Do not apply any creams or lotions to the vulva on the day of the test.

#### **What Happens after the Procedure?**

- Wash the vulva with water, do not use any soap for 2 days after the procedure.
- Use Cetaphil liquid skin cleanser on the vulva, no scented soaps or wipes
- Although rare, there is a risk of infection. Contact your doctor or clinic staff if the biopsy site becomes red and sore
- Clinic staff will follow up with the results and a plan