

# Kitchener-Waterloo & Area Family Medicine Residency Program

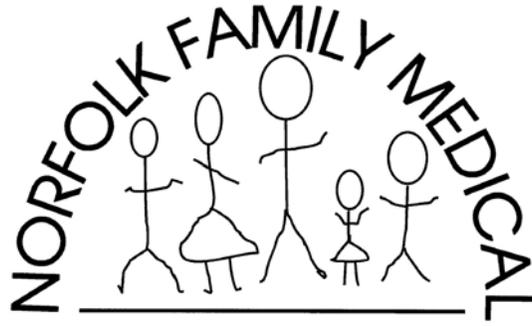


Guelph

# Community Information

- Guelph is a city of approximately 150,000 people
- Located 30 minutes east of Kitchener, and an hour west of Toronto
- Home to the world-renowned Hillside Festival, the University of Guelph, as well as numerous parks and art centres





- Norfolk Family Medical is a family physicians office located in the heart of Guelph providing quality and collaborative patient care.
- Comprised of 8 family physicians with a vast array of interests and patient populations. A mental health counsellor, dietician, and pharmacist also work out of this location on a regular basis as part of the Guelph Family Health Team. The Guelph FHT as a whole is a unique model, as the vast majority of family physicians in Guelph all belong to the FHT at a variety of locations.
- In partnership with the Guelph Family Health Team Norfolk Family Practice are able to offer their patients access to additional services such as appointments with a counsellor, dietician and a pharmacist. Through Guelph FHT patients are provided with access to a wide variety of interdisciplinary health care professionals, group workshops and programs including:
  - Diabetes Care; Foot Care; INR Clinic; Guelph FHT Psychiatry; and a variety of Wellness Webinars
- For more information about [Norfolk Family Practice](#) the services provided by the [Guelph FHT](#) please visit their websites.

# Preceptor Information



Dr. David Cranmer

Practice Size	1950
Patient Population	All ages
Inpatient Care	No inpatient care but hospitalist call 1 weekend per month
Deliveries	No
Procedures	Skin biopsies, joint injections and various other minor procedures
Special Interests	One half day per week of retirement & nursing home rounds

# Preceptor Information



Dr. Dan Finnigan

Practice Size	1000 (shared practice)
Patient Population	All ages with large number of young families
Inpatient Care	4 - 6 ER shifts per month in Fergus and Listowel
Deliveries	Yes, approx. 25 per year
Procedures	Joint injections, biopsies, IUD insertions, abscess I&D
Special Interests	ER, Hospital Medicine, Maternal Care

# Office and Clinic Space



# Resident Perspectives

“As a longstanding resident of Guelph, I was excited to match into a program where I was familiar with the community. Guelph is a vibrant city with a diverse community including a growing number of both professional and young families.

The preceptors and staff at The Norfolk Clinic were welcoming from the get-go. Both my preceptors took the time out of their busy schedules to meet with me prior to starting my residency. This gave me the opportunity to discuss my goals and learning objectives moving forward. I was fortunate to have landed with preceptors who have such a diversity of skills including in obstetrics, emergency medicine, hospitalist, and newborn care. They are always very flexible to ensure I meet my desired learning goals. Guelph General Hospital is also very welcoming of residents. Depending on the block, you are often the only resident on a service and get that flexibility of seeing selected patients and with the additional hands-on experience.

I could not be happier with the Guelph experience thus far and would recommend to anyone who is truly interested in the full scope that family medicine has to offer.”

-PGY2 Resident, Class of 2022

“Guelph is a wonderful place to be a resident! The variety and volume of learning opportunities is great, and preceptors are welcoming and keen to teach. As a site with very few residents, scheduling is quite flexible and I love having the ability to tailor rotations to my own interests. To top it off, Guelph is a beautiful community to call home, with lots of recreational opportunities to enjoy during time off!”

-Dr. Helen Vanderkooy, Class of 2024

# Resident Perspectives

## Advantages

- A pleasant, active, and family-friendly community
- Being one of the only learners at the site, which means less learner-fatigue and the ability to be actively involved in unique cases and practice management
- Very warm and welcoming interdisciplinary clinic environment
- Outstanding preceptors who are resident-centred and understand the balance of providing independence and responsibility with supervision and guidance
- Preceptors are very supportive and enjoy teaching
- Diverse population of patients
- Beautiful city with good food and coffee

## Disadvantages

- Often must drive to Kitchener for short learning sessions and occasional rotations



- Dr. Joan Chan is one of 6 female physicians practicing comprehensive outpatient primary care at our site. Residents will have the opportunity to work with a variety of practice styles and settings (including the option to do hospital newborn care, palliative care, MAID), while still being anchored with Dr. Chan as their primary preceptor.
- Our clinic is part of the Guelph Family Health Team which includes an interdisciplinary approach to patient care. Dr. Chan has a special interest in rehumanizing healthcare which extends to her style of teaching – you are a human too, and both your learning experience and your eventual family practice should reflect that!
- For more information about [Acorn to Oak Family Medical Clinic](#) or the services provided by the [Guelph FHT](#) please visit their websites.

# Preceptor Information



Dr. Joan Chan

Practice Size	1500
Patient Population	All ages
Inpatient Care	Option to do occasional newborn care
Deliveries	No
Procedures	Mental health counselling, innovating human-centred care models with technology, patients and other team members D insertions; optional PH sexual health clinic, nexplanon insertions, MAID assessments and procedures
Special Interests	Mental health counselling, innovating human-centred care models with technology, patients and other team members

# Resident Perspectives

“Working at Acorn to Oak in Guelph has been a great experience so far! The environment is very learner-focused and welcoming. Guelph is also a great community to live in and you also have the opportunity to connect and develop friendships with your fellow Guelph co-residents!”

-PYG1 Amanda Lien, Class of 2026



# Resident Perspectives

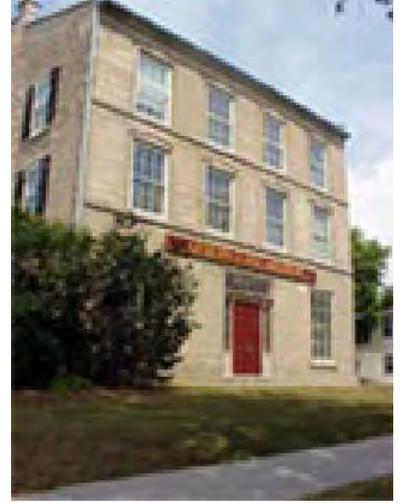
## Advantages

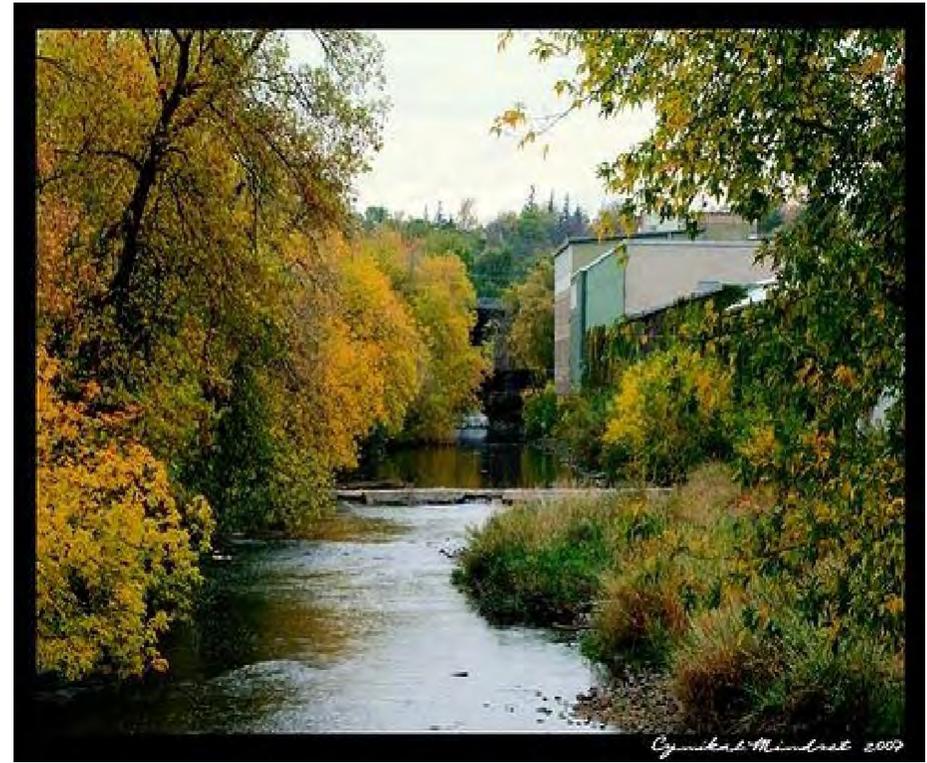
- Chance to work with some other teaching preceptors to see diverse practice methods
- Very reasonable workload
- Breadth (i.e. procedures, palliative)
- Easy parking!

## Disadvantages

- Smaller community than Kitchener-Waterloo
- You do not see other residents as regularly during working hours/days like you might if you worked at Victoria St.









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# Family Medicine

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