

Kitchener-Waterloo & Area Family Medicine Residency Program



Cambridge

Community Information

- Located southeast of Kitchener and approximately twenty minutes from downtown Kitchener
- Cambridge is comprised of three amalgamated communities – Hespeler, Preston and Galt – each having their own unique character. The population is approximately 130,000.
- A modern city with a rich architectural heritage and in recognition of their past, the City maintains three unique downtown cores.



Two Rivers Family Health Team

- Team of 21 physicians that work in collaboration with a wide range of allied healthcare professionals
- Offers a growing range of programs and services including:
 - Prenatal; Newborn Support; Mental Health; Diabetes; Clinic Pharmacy Program; and Physiotherapy
- For more information about [Two Rivers FHT](#) please visit their website.



“Within our team we have numerous programs serving our patients that residents can participate in. Further exposure to our programs can be arranged (example geriatrics/long term care). We include our residents in our monthly practice management and executive meetings during full time FM to prepare them for future practice”.

Preceptor Information



Dr. Matthias Klomfass

Practice Size	1700
Patient Population	Variety
Inpatient Care	MRP in newborn, acute and convalescent inpatient care
Deliveries	No
Procedures	Lumps & bumps, skin lesions, nail resections, circumcisions, abscess I&Ds, cryotherapy
Special Interests	Teaching, practice management, IT and billing

Reception and Waiting Room Area



Clinic Space



Resident Perspectives

“Excellent clinical exposure and teaching. Attending is very supportive and strongly invested in your learning. There is a good balance of graded responsibility, variety of procedures and ability to see focused areas such as memory, diabetic and migraine clinics.

-PGY1 Resident, Class of 2025

“Two Rivers FHT is an excellent place to train where the staff cater your learning experiences to help you achieve your goals! I have felt well supported throughout my transition to residency, and through the expertise of various staff at the clinic have been able to be exposed to a wide variety of experiences such as Rehab, LTC, women's health and procedures to name a few. They have truly made me feel as a part of the family, and I am so fortunate for the ability to train here!”

-Dr. Manasi Parikh, Class of 2023

Resident Perspectives

Advantages

- Several opportunities to expand your experience and knowledge beyond typical clinic work
- A fantastic mid size site where you get the feel of working in a big family health whilst also having a community office feel.
- All the staff are happy to have residents join them depending on their interests and will specifically pull learners to be a part of interesting cases.
- A very wide variety and diversity of staff so resident can get exposed to different styles of practice and expertise
- The preceptors are incredibly knowledgeable, informative and approachable!
- Learn about practise management early, good clinical exposure, excellent attendings and staff

Disadvantages

- 1-2 Learners are present at a given time, so there is not much resident-to-resident interaction
- Can be a longer drive during blocks such as integrated where clinics can be in Waterloo so you have to manage your time appropriately
- There is not a heavy focus on procedures at this site, hence if that is your interest you may need to supplement your learning with horizontals.







Family Medicine

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