



Family Medicine

@McMasterFamMed

# Kitchener-Waterloo & Area Family Medicine Residency Program

New Vision   
Family Health Team



# New Vision Family Health Team

- New Vision FHT is located in Kitchener, just a few minutes away from the main teaching site. The multi-disciplinary team of professionals are committed to excellence in the provision of high quality, patient-centered primary healthcare services offered in a caring, coordinated, and responsive manner.
- Fifteen family physicians practice out of their main location on Greenbrook Drive.
- The site offers a wide variety of programs and services for its patients working with their team of interdisciplinary health care professionals. Some of these program include:
  - Circumcision Clinic; Breastfeeding Clinic; Hypertension Management Program; Diabetes Management; Mental Health Program; and many more
- One resident may be placed at this location.
- For more information about [New Vision FHT](#) please visit their website.

# Preceptor Information



Dr. Tom O'Brien

Practice Size	1700
Patient Population	Variety
Inpatient Care	No
Deliveries	Yes
Procedures	Lumps and bumps, IUD insertions, endometrial biopsies, knee/shoulder injections
Special Interests	Low risk obstetrics, travel medicine, memory clinic

# Preceptor Information



Practice Size	1400/1700
Patient Population	Variety
Inpatient Care	Newborn & Supportive Care
Deliveries	Yes
Procedures	Lumps and bumps, IUD insertions, biopsies, joint injections, circumcisions, Vandenbos, OB
Special Interests	Low risk obstetrics, Retirement home, LTC, Home visits for seniors

Dr. Karen Cameron & Dr. Yidersal Gebeyehu

# Patient Waiting Area



# Office and Clinic Space



# Lunch Room, Classroom, Counselling Room



# Resident Perspectives

“I've had a wonderful experience at the New Vision FHT! New Vision has a large multidisciplinary team and everybody is very kind and welcoming. I've had the opportunity to work with various physicians who have all been great teachers. The pharmacists, dietitians, and social workers are also readily available to answer questions and are happy to teach us as well. I've had multiple experiences where our pharmacists pulled me aside to observe their medication counselling, which has been so beneficial for my learning. Additionally many of the physicians at New Vision offer special clinics such as breastfeeding, OB, circumcisions, and memory clinic.”

-PGY2 Farah Henry, Class of 2024

“Undertaking residency at New Vision has been an incredible experience. The preceptors are all so supportive and create a safe and positive learning environment. There is no shortage of opportunities that are available by all the physicians at New Vision - from procedures like circumcisions, IUD insertions/removals, skin biopsies, to low-risk OB care. Additionally, having such a large multi-disciplinary team within the clinic for immediate advice/support is an invaluable resource.”

-PGY1 Veerta Singh, Class of 2025



# Resident Perspectives

## Advantages

- So many resources and feels like an academic clinic with ample supports
- All the physicians and allied health are invested in your learning
- High exposure to obstetrics and gynecology
- Lots of locum opportunities for residents in the clinic upon graduation
- Several opportunities to do procedures
- Speciality clinics like breastfeeding clinic, Memory clinic
- Easy access to pharmacy staff and NPs to ask questions or learn skills like Paps, etc.
- Feels like a big family (potluck lunches, team building activity days)
- Free parking

## Disadvantages

- You are often the only resident in the clinic (can be lonely and isolating)
- Not many opportunities to meet other residents compared to CFFM Victoria St.
- Not very reflective of many practices in the future because this clinic is so well run and supplied

# The Refugee Clinic, Community Healthcaring Kitchener-Waterloo

The Refugee Clinic of Community Healthcaring KW is a busy practice of 5000+ patients of all ages. We are a multidisciplinary clinic of 6 full and part time GPs, as well as a part-time pediatrician, NPs, nurses, translators, social workers, settlement workers and other staff. In operation since 2013, we believe we are the largest refugee clinic in Canada by patient volume.

We mix pre-booked appointments with urgent same-day appointments. We have high volumes of prenatal and newborn care, mental health care, women's health, chronic disease and poverty medicine. We provide culturally-sensitive, trauma-informed care.

For more information about [The Refugee Clinic](#) please visit their website.

# Preceptor Information



Dr. Michael Stephenson & Dr. Shiva Adel

Practice Size	5000
Patient Population	Refugees, mostly within 5 years of arrival to Canada
Inpatient Care	No
Deliveries	No
Procedures	Cryotherapy, joint injections, IUD insertions
Special Interests	Care of vulnerable patients, poverty reduction, team-based care, cultural competency, advanced access care, prenatal and newborn care, practice development



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# Family Medicine

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