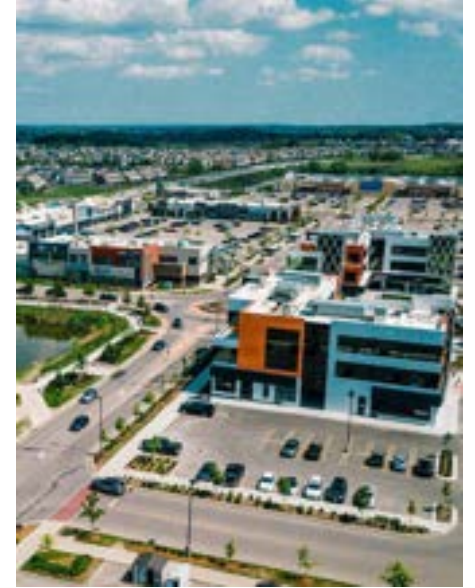


# Kitchener-Waterloo & Area Family Medicine Residency Program



The Boardwalk is an open-air centre on the west side of Kitchener-Waterloo. This area offers a variety of amenities and services. There are two large medical centres with four different clinics for family medicine residents to work.



**Waterloo West Medical**

Family Medicine Practice



*The Centre for Family Medicine*

**Family Health Team**

**Pulse Family Practice**

## Waterloo West Medical

Family Medicine Practice

- Preceptors: Dr. Melissa Mills & Dr. Robyn Sambrook
- It is a smaller office with six physicians and one resident may be placed here each year
- For more information visit their [website](#)

# Preceptor Information



Dr. Melissa Mills  
(shared teaching with Dr. Sambrook)

Practice Size	1250
Patient Population	Variety (many young families, some elderly & medically complex)
Inpatient Care	No
Deliveries	No
Procedures	IUD, lumps & bumps, joint injections
Special Interests	Teaching

# Preceptor Information



Dr. Robyn Sambrook  
(shared teaching with Dr. Mills)

Practice Size	1200
Patient Population	Variety (newborn to geriatric, including medically complex)
Inpatient Care	No
Deliveries	No
Procedures	lumps & bumps, joint injections (knees and shoulders)
Special Interests	Procedures, teaching, technology in practice



# Patient Waiting Area and Reception



# Office and Clinic Space



# Resident Perspectives

“An amazing practice with the opportunity to work with a variety of preceptors with a different focus or style of practice; ranging from obstetrics to medically complex elderly patients and even MAID provisions.”

- Manar Al-Aubodah, Class of 2022



# Resident Perspectives

## Advantages

- Opportunities for procedures
- Following complex patients
- Experiencing the full breadth of family medicine
- Supportive and flexible environment for learner's goals

## Disadvantages

- No in-house allied health professionals
- Fewer residents



- Preceptors: Dr. Chris Johansen & Dr. Laurie Dusseault
- The office has 7 Physicians and 3 Physician Assistants
- Two residents may be place here
- For more information visit their [website](#)

# Preceptor Information



Dr. Chris Johansen

Practice Size	1200
Patient Population	Variety, young families, complex elderly, immigrants
Inpatient Care	LTC
Deliveries	No
Procedures	Weekly procedure clinic
Special Interests	Retirement Home, LTC

# Preceptor Information



Dr. Laurie Dusseault

Practice Size	1800
Patient Population	Variety
Inpatient Care	No
Deliveries	No
Procedures	Skin procedures, IUDs, Joint Injections
Special Interests	Teaching and Procedures

# Reception and Patient Waiting Area





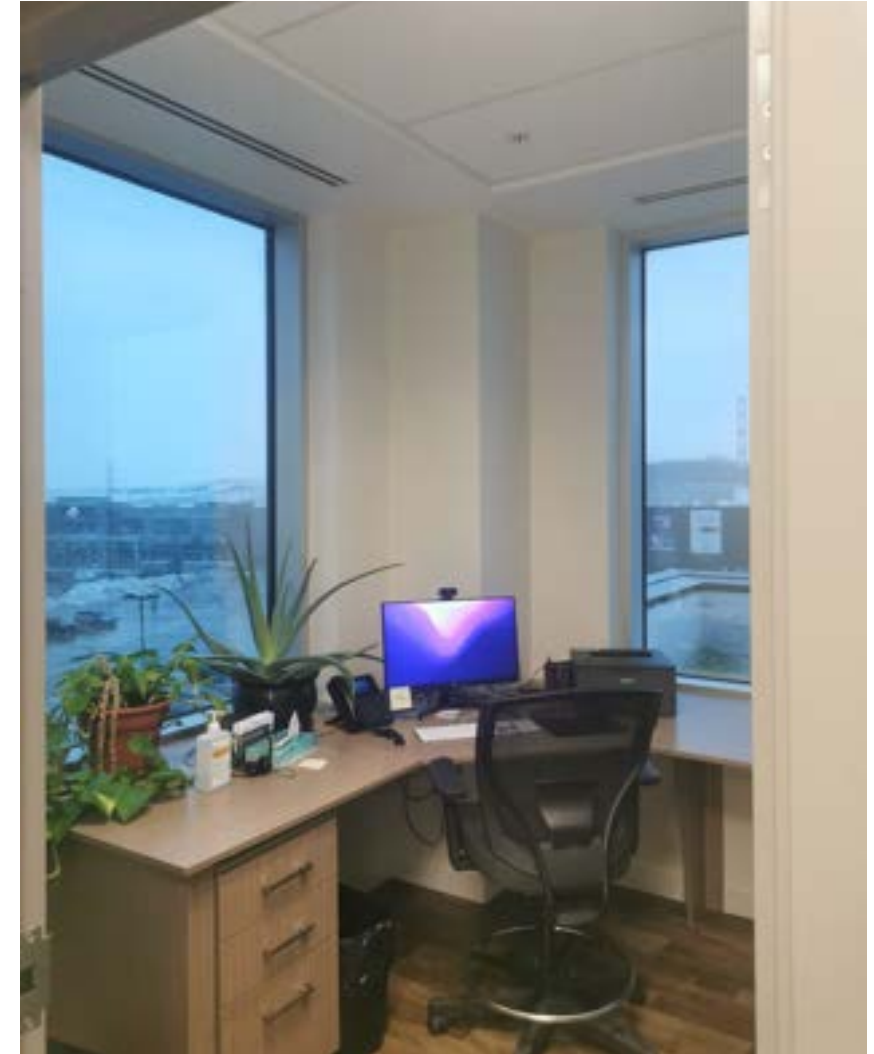
# Charting Hub and Nursing Station



# Exam Room and Video Conference Room



Westside Family Health



Family Medicine



# Lunch Room & Kitchen



# Resident Perspectives

“Westside Family Health is a dynamic team of young physicians and allied health care providers. Located on the 4th floor in Medical Centre 1 at The Boardwalk, we work in a modern office with a beautiful view. The clinic is designed with a central “charting hub” where physicians, residents, physicians’ assistants, and nurses can chart and collaborate. The team members are all happy to discuss interesting cases and teach learners. As a resident working with Dr. Johansen, I have broad exposure to different areas of Family Medicine. Our typical week includes comprehensive care, long term care, and procedure clinics. Dr. Johansen provides teaching around clinical cases, as well as practice management and efficiency. I’m learning how to provide evidence-based care to patients, oversee a large Family Medicine practice, and maintain a work-life balance.”

-PGY1 Jason Kuhnow, Class of 2024

# Resident Perspectives

## Advantages

- Procedure clinics, LTC, Retirement home - diverse exposure
- Flexible scheduling catered to learning, including urgent clinic shifts
- Continuous feedback and learning around cases
- Opportunities to do palliative and end of life care early on in your training via long term care (Dr. Johansen)
- Very modern office in a great location
- Free parking

## Disadvantages

- Fewer residents
- Sometimes can get busy, less time to learn between cases (but staff is always open to discussion, teaching and answering any questions)





*The Centre for Family Medicine*

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## Family Health Team

- Preceptors: Dr. Carolyn Fuss, Dr. John Pefanis, Dr. John Yee
- The office has three physicians and 1 physician assistant
- One resident may be place here
- Being part of the FHT, patients at this office have access to all the speciality clinics The Centre for Family Medicine has to offer
- For more information visit their [website](#)

# Preceptor Information



Dr. Carolyn Fuss  
(shared preceptorship)

Practice Size	1650
Patient Population	Variety, many women & children
Inpatient Care	No
Deliveries	No
Procedures	IUD insertion, joint injections, simple skin lesion removal, toenail resection
Special Interests	Women's Health

# Preceptor Information



Dr. John Pefanis  
(shared preceptorship)

Practice Size	1400
Patient Population	Variety
Inpatient Care	No
Deliveries	No
Procedures	Shoulder & knee injections, skin biopsy, excisions
Special Interests	PSS, best practices/evidence-based medicine, teaching, chronic disease management, office efficiencies

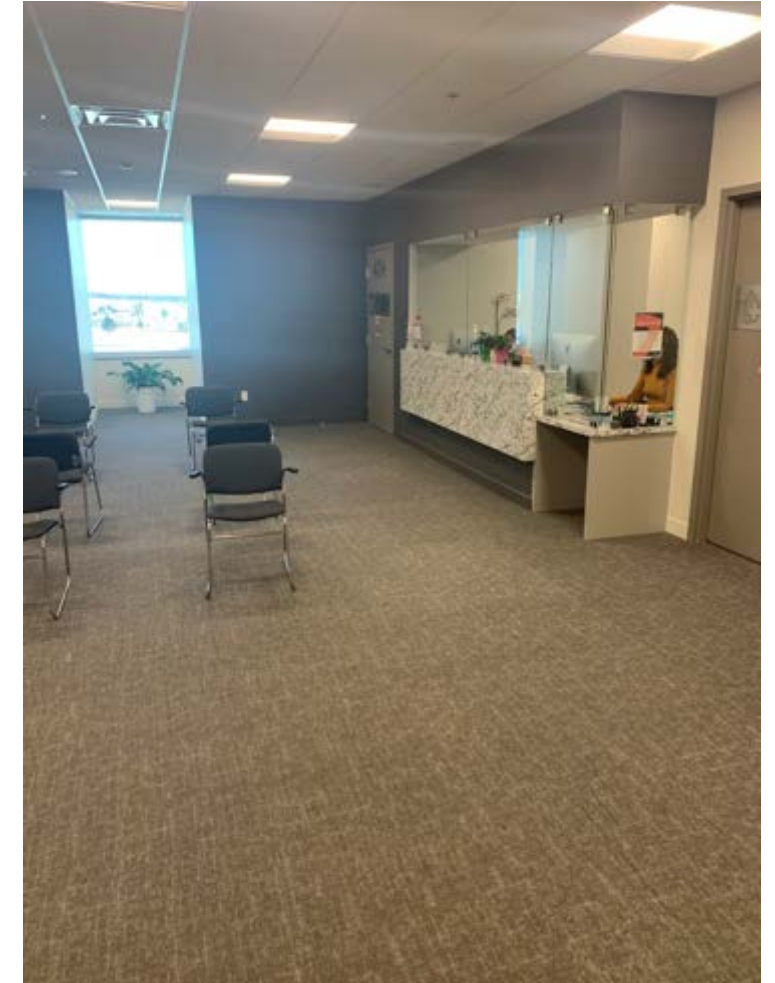
# Preceptor Information



Dr. John Yee  
(shared preceptorship)

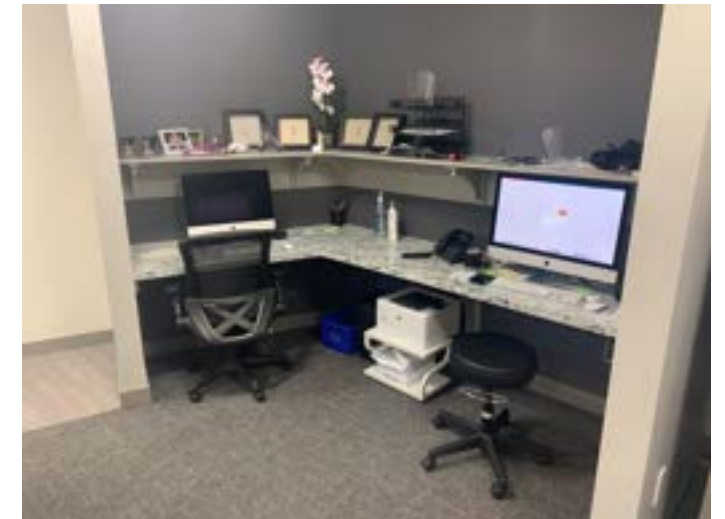
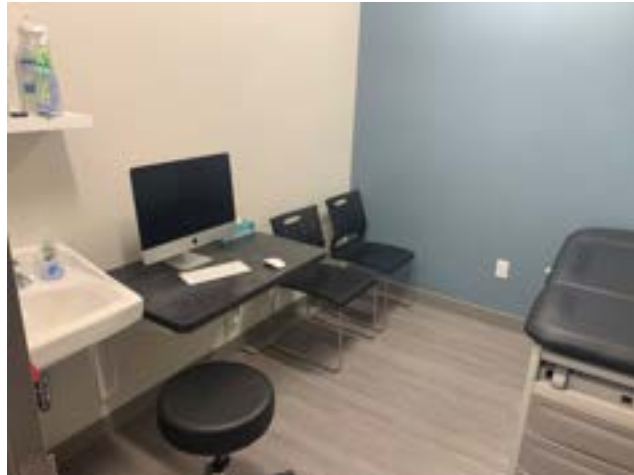
Practice Size	1450
Patient Population	Variety
Inpatient Care	No
Deliveries	No
Procedures	Joint injections, excisions, punch biopsies, lumps and bumps
Special Interests	Teaching

# Reception and Lunch Room





# Exam Rooms and Clinic Space



# Resident Perspectives

"The KW CFFM site is a very welcoming program and I couldn't be happier as a resident here. Not only are my co residents amazing, but the preceptors and education team have created such a friendly and supportive environment that has allowed me to focus on my learning and personal goals. Having so much one on one time with preceptors has given me surplus time to hone skills and push myself academically. The flexibility to focus on special interest is very unique and much appreciated!

-PGY1 Amy Rose Wheeler, Class of 2024

"CFFM at The Boardwalk is a great site to work within a smaller, close-knit community with the benefits and supports of a larger FHT. The preceptors, nurses, admin staff, and resident peers have all been very welcoming and encouraging. We have the opportunity to develop independence safely, knowing there is a team ready to help out whenever we need. I genuinely look forward to walking into clinic every day!"

-PGY2 Minha Yoon, Class of 2023

"Well situated in a large complex with many options for food/shopping. Preceptors are all extremely kind and great teachers. Have the ability to join different preceptors on certain days depending on interests. Imaging and bloodwork next door to you."

-PGY2 Resident, Class of 2022

# Resident Perspectives

## Advantages

- Less learners around and so less busy/chaotic
- New equipment, many different specialists and other allied health in building
- Smaller clinic with less support staff/nursing which allows you to take on more learning opportunities regarding vaccines, clinic flow, etc.
- Physician team knows each resident very well and are happy to help out even if they are not working directly with you that day
- They are open to your learning goals and will eagerly modify schedules as needed
- You have access to all the great resources that the CFFM group has for patients
- Free parking, new amenities / facilities and big windows

## Disadvantages

- Can be further depending on where you live
- Smaller group of peers
- You will have to travel to the Victoria street site for call clinic when on call
- You are slightly more isolated from most of the physicians and residents that work at the Victoria Site
- Because the clinic is smaller, space can at times be tight especially when all 4 residents are back in clinic (rare but it can happen)
- We don't run procedure clinics out of the office. Small procedures may be done in visits but most will get referred off site
- These doctors are office focused. They don't have additional roles in nursing homes, OB, newborn exams, etc.

## Pulse Family Practice

- Preceptors: Dr. Penny English & Dr. Dimitar Kolev
- The office has six physicians and one resident may be placed here
- For more information visit their [website](#)

# Preceptor Information



Dr. Penny English



Dr. Dimitar Kolev

Practice Size	1000
Patient Population	Variety, many women & children
Inpatient Care	No
Deliveries	No
Procedures	IUD insertion, small procedures, Student Health
Special Interests	FM Regional Lead, Procedures





# Family Medicine

Department of Family Medicine  
Michael G. DeGroote School of Medicine  
Faculty of Health Sciences

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