

# LEARN TO MANAGE YOUR FIBROMYALGIA

JOIN US EVERY MONDAY FROM

1:00pm TO 3:30pm

April 11<sup>th</sup> TO May 16<sup>th</sup>

Offered via the Ontario Telemedicine Network

Special Guest Speakers:

- Susan McAuslan  
*Arthritis Society*
- Kathy Penner-Dyck  
*Social Worker*
- Robin Brown  
*Clinical Pharmacist*
- Paula Siefried  
*Registered Dietitian*
- Sandy Turner  
*Registered Kinesiologist*

**PLEASE CALL OR E-MAIL TODAY!  
FREE! SPACES ARE LIMITED**

The Centre for Family Medicine FHT  
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