

Dear CFFM Patients, Families and Care Partners,

We kindly ask for your patience:

We are so happy to serve and support you during this pandemic. Some of you may be aware, we are currently in our 4th wave of the pandemic. Our reception and nursing teams have been diligently working through higher than normal call volumes, increased number of appointments and with the flu season coming up we kindly ask for your patience.

We know it's been such a hard time for all of our patients, and we want to be transparent and communicative with you. Our reception teams, nursing staff, interdisciplinary and primary care provider teams have been working at full capacity and are doing their very best to support you in your health care journey.

We thank you all for your understanding and patience even though you may experience busy phone lines and possible increased wait times to see your doctor or specialist. Your support has been really appreciated.

Open for over the phone and in-person

Please note our office is still operating both for in-person and virtual appointments even during the 4th wave. As a result, we kindly ask for your patience. If you develop any COVID like symptoms prior to your scheduled in person appointment, PLEASE call the office to reschedule. We have separate times for our symptomatic patients to be seen, allowing everyone to stay safe.

COVID 19 Vaccine Clinic

Starting Friday Oct 8, 2021 Centre for Family Medicine will be running COVID 19 Vaccine Clinics every Friday afternoon at 10B Victoria St. Kitchener.

To book an appointment for your vaccine please call the office.

Who is eligible for their 1st dose?

- Anyone born in 2009 or earlier is eligible.

Who is eligible for their 2nd dose?

- If you received Moderna or Pfizer, you may receive a second dose as early as 28 days after your first dose
- If you received AstraZeneca, you may receive a second dose as early as 56 days after your first dose

A complete two-dose COVID-19 vaccine series provides strong protection against COVID-19 infection and severe outcomes, including against the Delta variant, in the general population.

Who is eligible for their 3rd dose?

In Ontario, select vulnerable populations are now eligible for a third dose. A third dose may be administered at a minimum of eight weeks after the second dose for:

- Individuals receiving active treatment (e.g., chemotherapy, targeted therapies, immunotherapy) for solid tumour or hematologic malignancies
- Recipients of solid-organ transplant and taking immunosuppressive therapy
- Recipients of chimeric antigen receptor (CAR)-T-cell therapy or hematopoietic stem cell transplant (within two years of transplantation or taking immunosuppression therapy)
- Individuals with moderate to severe primary immunodeficiency (e.g., DiGeorge syndrome, Wiskott-Aldrich syndrome)
- Individuals with stage 3 or advanced untreated HIV infection and those with acquired immunodeficiency syndrome
- Individuals receiving active treatment with the following categories of immunosuppressive therapies: anti-B cell therapies (monoclonal antibodies targeting CD19, CD20 and CD22), high-dose systemic corticosteroids, alkylating agents, antimetabolites, or tumour-necrosis factor (TNF) inhibitors and other biologic agents that are significantly immunosuppressive.

High-risk congregate settings

A third dose may be administered at a minimum of five months after the second dose for:

- Residents of high-risk congregate settings including long-term care homes, higher-risk licensed retirement homes and First Nations elder care lodges

Upcoming Patient, Family and Care Partner Survey

CFFM is working on developing a strategic plan for our coming years. We would love to get your input and have you help co-design our strategic plan. Here is the link to the survey.

https://www.surveymonkey.com/r/cffmptfeedback_strategicplanning