

Family Medicine

Kitchener-Waterloo & Area Family Medicine Residency Program





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New Vision Family Health Team

- New Vision FHT is located in Kitchener, just a few minutes away from the main teaching site. The multi-disciplinary team of professionals are committed to excellence in the provision of high quality, patient-centered primary healthcare services offered in a caring, coordinated, and responsive manner.
- Fifteen family physicians practice out of their main location on Greenbrook Drive.
- The site offers a wide variety of programs and services for its patients working with their team of interdisciplinary health care professionals. Some of these program include:
 - Circumcision Clinic; Breastfeeding Clinic; Hypertension Management Program; Diabetes Management; Mental Health Program; and many more
- One resident may be placed at this location.
- For more information about <u>New Vision FHT</u> please visit their website.



Preceptor Information



Dr. Tom O'Brien

Practice Size	1700
Patient Population	Variety
Inpatient Care	No
Deliveries	Yes
Procedures	Lumps and bumps, IUD insertions, endometrial biopsies, knee/shoulder injections
Special Interests	Low risk obstetrics, travel medicine, memory clinic

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Patient Waiting Area









Office and Clinic Space











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Lunch Room, Classroom, Counselling Room







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Resident Perspectives

"This is a FANTASTIC site for residency. I feel spoiled by the resources available at the clinic allowing you to really focus on what YOU need to make the most of your time as a resident, and your time in clinic. There are so many excellent preceptors with different interests that there is no shortage of unique learning opportunities if you want them."

-PGY2 Amir Hamid (co-chief)

"Very supportive preceptors and learning environment. Several hands-on learning opportunities including procedures like IUD insertion, pap tests, skin biopsies, Vandenboss procedure."

-PGY2 Akanksha Nayak (co-chief)



Resident Perspectives

Advantages

- So many resources and feels like an academic clinic with ample supports
- All the physicians and allied health are invested in your learning
- High exposure to obstetrics and gynecology
- Lots of locum opportunities for residents in the clinic upon graduation
- Several opportunities to do procedures
- Speciality clinics like breastfeeding clinic, Memory clinic
- Easy access to pharmacy staff and NPs to ask questions or learn skills like Paps, etc.

Disadvantages

- You are often the only resident in the clinic (can be lonely and isolating)
- Not many opportunities to meet other residents compared to Victoria St.
- Not very reflective of many practices in the future because this clinic is so well run and supplied MicMaster



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