

Kitchener-Waterloo & Area Site



Kitchener-Waterloo

Area

Hamilton



Teaching Sites in the KW and Area Program





Site Director
Dr. Joseph Lee



Assistant Site Director
Dr. John Pefanis



Education Team:

(Left to Right)

Heidi Hallman, Catherine Arruda,
Larysa Soroka, Glenda O'Brien

McMaster KW Curriculum

Intentional “Triple C Curriculum”

- Highly rated by residents
- High confidence in competencies and intention to use in practice
- Rotations in KW, Guelph, Cambridge area
- Enhanced integration of pharmacy, optometry, social work into FM
- Hybrid – block rotations; 8 week integrated FM in PGY1 and PGY2



UNIVERSITY OF
WATERLOO

Downtown Kitchener
Health Sciences Campus

The Centre for Family
Medicine FHT

Site of academic
sessions in Kitchener



Michael G. DeGroot
SCHOOL OF MEDICINE

Year 1

- Core FM 16 weeks
 - FM, Academic sessions
- Integrated FM 8 weeks
 - Care of Children & Women's Health
- General Peds 4 weeks
- OB/Gyn 4 weeks
- Hospitalist Medicine 8 weeks
- Community ER 8 weeks
- Fam Med/Academic Block 7 4 weeks

Year 2

- Core FM 16 weeks
 - FM, Academic sessions
- Integrated FM 8 weeks
 - Care of the Elderly & CDPM
- Rural/Community FM 8 weeks
- Selective 8 weeks
- Elective 8 weeks
- Fam Med/Academic Block 7 4 weeks

KW Horizontal Experiences

- Memory Clinic
- Anticoagulation Clinic
- Travel Clinic, Refugee Clinic
- Neurology, Endocrinology, Internal Medicine
- Psychiatry, Sports Medicine
- Procedure Clinics
- Long-term Care facilities
- Many others



Typical Week in Core FM

	Mon	Tues	Wed	Thurs	Fri
Morning	FM Clinic	Horizontal Elective	EBM/PBSG/ QA Protected Time	Maternal Child Clinic	FM Clinic
Noon			Resident Rounds Academic Rounds		
Afternoon	FM Clinic	FM Clinic	Mental Health Behav. Science	FM Clinic	FM Clinic
Evening	FM Rounds	On Call Clinic			

Typical Week in Integrated FM (Year 1)

	Mon	Tues	Wed	Thurs	Fri
Morning	FM Clinic	Clinic Prep Time	Normal Newborn	Women's Health Clinic	Peds Psychiatry
Noon			Resident & Academic Rounds		
Afternoon	Procedure Clinic	Maternal Child Clinic	Mental Health Behav. Science	Refugee Health Clinic	Peds Behav. Clinic
Evening		FM OB call			



Typical Week in Integrated FM (Year 2)

	Mon	Tues	Wed	Thurs	Fri
Morning	Geriatrics Clinic	Endocrin Clinic	Clinic Prep Time	Long-term Care	FM Clinic
Noon			Resident & Academic Rounds		
Afternoon	Geriatrics Inpatients	Neurology Clinic	Mental Health Behav. Science	Pain Management	Internal Medicine Clinic
Evening				FM OB Call	

KW & Area Core FM Sites

- Kitchener
 - CFFM – Victoria Street
 - CFFM – Williamsburg
 - New Vision FHT
 - Andrew Street FHO
- Guelph FHT
- Cambridge (Two Rivers FHT)
- Wellesley – CFFM Wellesley

KW and Area Core FM

- Internal match after CaRMS
- Goal – first choice for home-base community

- All sites have Practice Solutions EHR
- All sites are Family Health Teams or Family Health Organizations

Award Winning Faculty

<i>Inaugural Practice of Year:</i>	Centre for Family Medicine
<i>Waterloo Teaching Awards:</i>	Multiple winners
<i>Diversity and Equity Award:</i>	Dr. Neil Arya
<i>Cohen Teaching Award:</i>	Dr. John Pefanis
<i>CFP Original Research:</i>	Dr. Joseph Lee
<i>Top 40 under 40:</i>	Dr. Mike Lee-Poy
<i>Family Physicians of Year:</i>	Drs. Linda Lee, Joseph Lee
<i>Geriatric Service Award:</i>	Dr. Linda Lee
<i>Bright Lights Awards:</i>	7 Inaugural awards

Family Medicine and Inter-professional Teaching



- Pharmacy
- Social Work
- Family Therapy
- Optometry
- Nurse Practitioner
- Nutrition
- Chiroprody
- Chiropractic
- Respiratory Therapy
- Nursing

Grand River & St. Mary's Hospitals



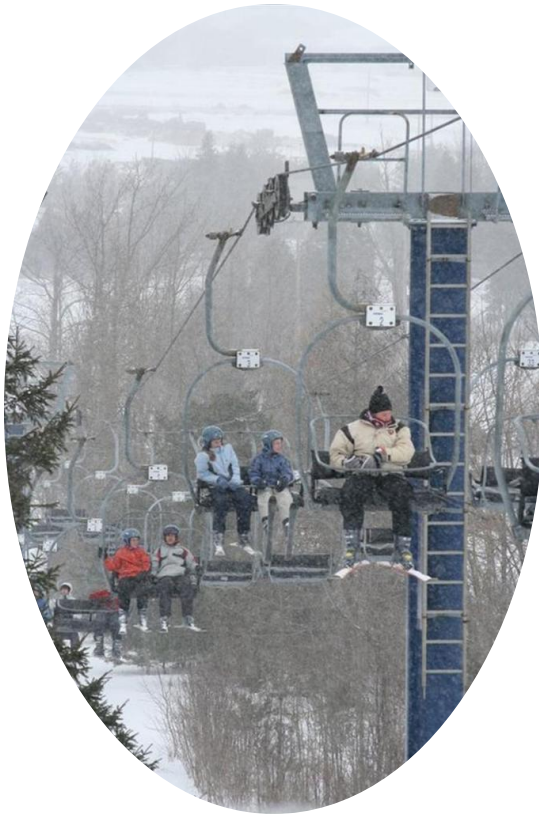
Guelph and Cambridge Hospitals



Kitchener-Waterloo Attractions







Outdoor Activities and Sports



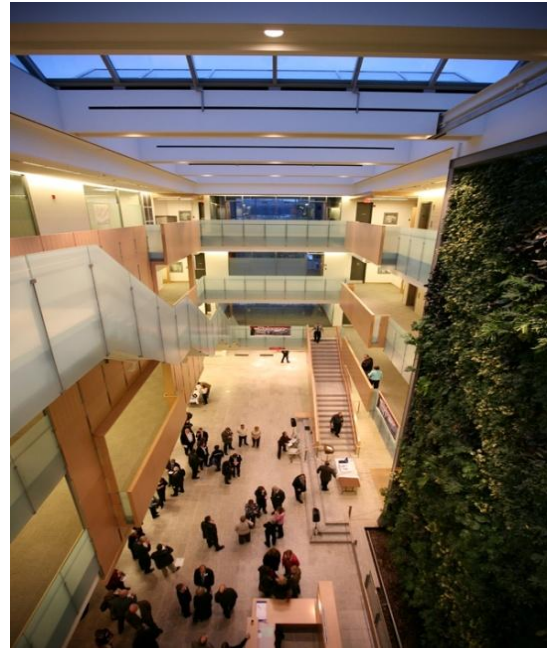
Local Culture & Festivals



Guelph

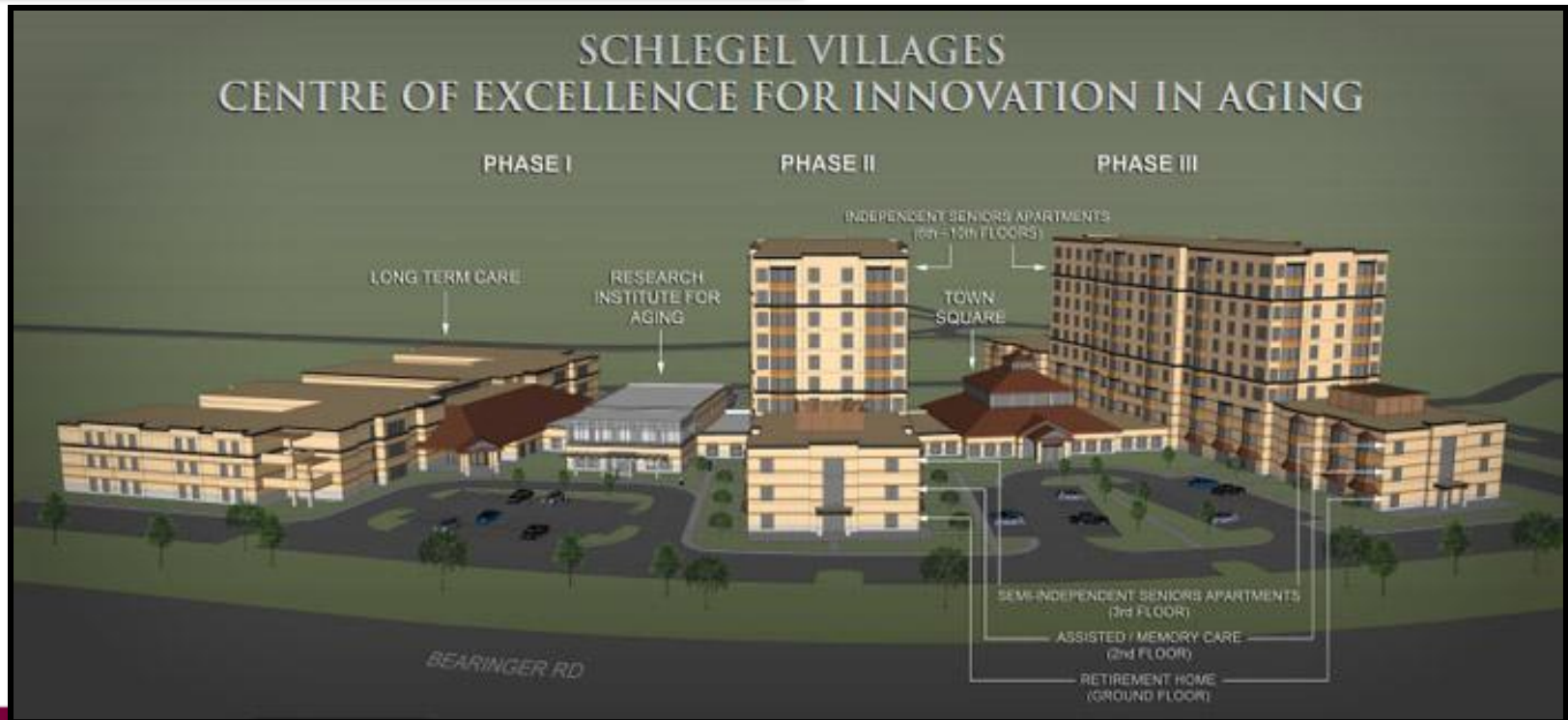


Cambridge





Future plans for KW area





KW Residents



Questions?

- Ask our KW residents!
- Find KW residents and faculty in the resident café
- Find us online at
 - <http://fammedmcmaster.ca/teaching-sites/residency-teaching-sites/kitchener-waterloo>
 - www.family-medicine.ca